## CMSA League Play and Tournament Play - COVID-19 - Safety Guidelines

(Revised as of 6/4/21)

We are hopeful that with cooperation from all and compliance to the guidelines everyone will continue to remain safe and healthy. Please review below our guidelines

- #1 Based on Governor Hogan's proclamation, no mask are required for coaches, players, spectators, and officials. However, if you wish, you are free to wear them.
- #2 Each player and parent/guardian should bring their own hand sanitizer with them.
- #3 Teams will sit on opposite sides of the field.
- #4 Spectators should sit on the same side of their team
- #5 Players on the sidelines should be spaced out. No team benches. Players should place their bags and water at a reasonable distance apart and return to their bag during breaks. Each player should remain at their bag until they return to the field or leave.
- #6 Goalkeepers must wear gloves
- #7 At the end of each game NO high fives or handshakes with your opponent and with the referee(s).
- #8 After each game, avoid any type of gathering.
- #9 When scheduling the games, we will do our best to limit the amount of time spend on the field and limit the changing of field locations.